



## **ART AS EVANGELIZATION**

Workshop of 10/18/17

Spiritual exercises can provide an opportunity to open one to God's love.

Spiritual exercises can use various artistic methods to surprise the soul with new awareness and hope.

They create bridges between what you read and your own life.

They require no artistic experience or expertise. You don't need expensive supplies or a studio. All you need is an open heart and mind – a willingness to engage God's journey with you.

Art opens our experience to newness in our prayers.

In our daily lives, most of us use far too much of the left side of our brain that processes rational, linear thought to drive most of what we do.

The right side of our brain is the creative, metaphorical part can become passive without use.

The richness of the sacred story, an art form in itself, is not perceived when we simply read because we haven't nurtured this creative side of our creation.

To get back into the narrative of God's love for us, to jump back into all the possibilities of grace and mercy, we need to find a way to awaken this creativity.

Because art relies almost exclusively on this creative side of the brain, it's the perfect way to bring our whole being back into the sacred story.

Using a right-brain activity such as creating something -- be it a collage, a painting, or music --our senses take us to another place. Art becomes a "window" into the Mystery of God's love.

It is as if art gives us permission to enter into the drama of God's redemption once again.

(Photo: "The Value of Sparrows," artist unknown)